

## Walter Russell (WR) Important Points -16 - 12/13/2023

- 1) I believe WR has the new science behind higher states of consciousness and this new faculty of mind/channel of perception called cosmic consciousness. His work could be synergistic with the work of Gopi Krishna (GK). I have loved WR's books, particularly his little pamphlets. They have helped me understand that we are an eternal extension of an infinite eternal loving mind.
- 2) WR lived from 1871-1963. Upon Russell's death in 1963, anchorman Walter Cronkite on the CBS national evening news referred to WR as "The Leonardo (DaVinci) of our time." Not sure this happened?
- 3) WR had near Death experience at age 14.
- 4) WR's genius was incredible as evidenced by the talent that he demonstrated in so many different areas of his life. He felt it was his life purpose to be an example to humankind that we all have genius inherent within us. Someone once remarked that he lived five lives in one. He taught and composed music, was an illustrator for magazines, wrote children's books, was an author, an equestrian horseman (raised champion stallions), was a national champion figure skater, painted Theodore Roosevelt's children, was a businessman and architect - he was known in some circles as the father of the co-operative apartment building movement, and is credited with developing cooperative ownership into an economically sound and workable principle. He designed and built buildings in New York City. He was a sculptor - he did the busts of Mark Twain, Thomas Edison and Franklin Delano Roosevelt (FDR), the 4 freedoms sculpture for FDR, and many others. He was a philosopher, scientist, he developed his own Periodic Chart of the Elements and was the first to predict the trans-uranium elements, the elements eventually used to create nuclear energy and the atomic bomb. He was professor of his own university, and finally, he was friends with five presidents as well as famed inventor Nikola Tesla.
- 5) His artistic output was prolific. When he moved to Swannanoa, VA from New York City he had 36 tons of artwork transferred, and this was only a very small percentage of his work output.
- 6) Similar to GK, WR experienced Cosmic Consciousness. He had periodic experiences of this state of mind, every 7 years, beginning at age seven, and

one profound experience of Cosmic Consciousness at age 49. In this titanic experience, his consciousness was separated from his body and his senses for 39 days, and he was pure consciousness. He put his body on the shelf and picked it up at will to use, like you would pick up a pen to write. During these 39 days, he said he was given much new knowledge from direct communication with a source of knowledge that he called God. This led to his writing many books from the knowledge gained including The Message of The Divine Illiad Volumes I and II, which he called God's one message of love; The Secret of Light; A New Concept of the Universe; and co-authored Atomic Suicide with his wife Lao Russell. He said that the new knowledge given to him while in the Light while revolutionary and extensive, was still only a thimble full of an ocean of knowledge which awaits the human race.

- 7) WR, like GK, believed that the human race has the potential to develop a new channel of perception and source of knowledge and referred to it as the "universe of knowing" as compared to the universe of our five physical senses and intellect. Russell said, "This new civilization must live in the universe of knowing and know that from the Source, and believe it and make use of it. The purpose is for the saving of the whole human race."
- 8) Through the universe of knowing, WR believed he intuited the cause or the "why" of things. Modern science, by contrast, can only deduce the "effects" of things.
- 9) He also believed that through this intuitive sense he had perceived a unified concept of physics and cosmogony. He saw the universe as a whole. In the book A New Concept of the Universe, WR wrote: "...[this] new concept of Light, Matter, Energy, Electricity, and Magnetism is a simple yet complete, consistent and workable cosmogony which will enable future scientists to visualize the universe as one whole, and will open the door to the new age of transmutation."
- 10) WR believed that this is a universe of mind, rather than a material universe. It is composed of compressed light waves. He defined matter as the motion of these light waves, and not substance, saying that matter is not real, but only simulates reality. He said the physical world of effects are transitory. He said the energy is in the creator, not in matter or its effect, and that the Cause or God behind the universe is the only reality.

**11) WR termed his conceptual science, “Natural Science” as the few simple workable processes of Creation are observable processes of nature. He said, “Nature is based upon the Law of Love, which is balanced giving for re-giving. All that man ever has is that which he has given. That is nature’s only law and it must eventually become man’s only law.” Our ethics and behaviors have to follow suit or we are breaking the law and only harm ourselves. His cosmogony corrects what WR regards as the “cardinal error of science” which is “shutting the creator out of his creation”.**

**12) Furthermore he believed that acceptance and implementation of this Natural Science would one day lead to the transmutation of elements and the creation of new metals. He believed this would eventually lead to the ability to produce unlimited amounts of free hydrogen as a green energy source and would also result in solar radiation being turned into solar energy generation in unlimited amounts as another green energy source. This would lead to the eventual elimination of fossil fuel use, result in less pollution and radiation on the earth, and help solve humankind’s clean energy problems. It would also assist with the development of new metals which would help reduce the risk of humankind depleting the natural resources of the earth.**

**13) WR was a friend of Nikola Tesla. Back in the first half of the 20th century, Tesla said that WR should lock away all his new scientific theories and cosmogony in a sepulcher for a thousand years, because it wouldn’t be until then that modern day science and the world would be ready for them. We’re glad he didn’t.**

**14) Other important concepts include:**

- God is Love and Creation is a love play created by God.**
- God is the magnetic still white light of zero point; it is unchanging, unconditioned, undivided; qualities include love, life, energy, power, law, balance, and knowledge.**
- Mind projects out a picture of universe from within ourselves.**
- Confirms illumination or cosmic sense; Referenced Dr. Bucke’s book and work.**
- Confirms existence of Intelligence behind the universe.**
- Confirms human brain as a receiver, recorder, and transmitter of consciousness, and not a generator of consciousness.**
- God is continually creating in its two-way eternally living universe.**

- The repetitive nature of humankind's life and death cycle - like physical nature. There is no death.

15) Charles Hardy writes on page 23 in A Worthy Messenger:

**“If the illumination [Cosmic Consciousness] of Walter Russell is taken as fact, perhaps not fully understood but accepted as a natural phenomenon, then Walter Russell's message source is clear. He came to know the two-way radiative-generative universe; he “saw” the motion of heavenly bodies, he witnessed gyroscopic waves winding into spheres and colors and musical tones approaching and voiding each other in the process of creation - He is “the man who tapped the secrets of the universe.**

16) In an example of synchronicity, I was introduced to Matt Presti, former President of the Universe of Science and Philosophy (which is the foundation carrying on Walter and Lao Russell's work), through Henry Sweets, the curator of Mark Twain's Boyhood Home and Museum in Hannibal, MO.

**SAH/SCOTT -Some concepts or ideas of WR (I realize Lao Russell was associated with some of the following points) that I admire or apply in my own life journey - 9**

1) His Western life of accomplishments.

2) His concept of the life triumphant - an ultimate creative life of giving and receiving, loving and serving, that transcends material life. SAH (Scott) - I have tried to live this type of life from 1998 on attempting to climb my own spiritual mountain to higher consciousness without money security, being led by my inner voice/God instead of intellect/self will, and living a more simple, slower, purer, balanced lifestyle from what I had lived up to 1998.

3) His emphasis on love in every action and thought.

4) His inspiration - I know I can accomplish anything with God's help. I can get through any challenge with God's help.

- 5) His constant communing with God throughout the day. The thinking process he used - concentrate/deconcentrate.
- 6) Knowledge would unfold piece by piece over time. Next answers would always come. SAH add-on - Knowledge gained limited by the capacity of My mind and brain. I understand God has a plan for me and through my constant communion with God, I can unfold this plan step by step.
- 7) Consciousness doesn't sleep. Before going to bed, I ask for guidance on problems, challenges or questions, and often the next day answers, next steps, and new knowledge manifest.
- 8) Ability of mind to heal by changing or reversing our thinking and actions from the way that developed the problem.
- 9) Creation is a love play created by God.

## **Walter Russell (WR)/Gopi Krishna (GK) Additional Information**

### **I. GK/SAH - Background Comments - 4.**

### **II. WR/GK - Similarities - 14.**

### **III. WR/GK - Dissimilarities - 8.**

### **IV. SAH'S Differences from GK and WR and also how biology of Kundalini process may be subject to being proven in the future - 9.**

### **V. Matt Presti Questions and Miscellaneous Comments - 7**

### **VI. God 2.0 Brainstorming - Matt (WR) - 7 and Scott (GK) - 8**

#### **I. Background Comments (GK/SAH) - 4**

- 1) GK - 1) Evolutionary changes in consciousness generally occur slowly in human beings. However, when Kundalini is "awakened", it's as if a booster

rocket has been ignited to speed up our evolution, and a person's experience of a more expanded and profound state of consciousness can occur in one lifetime. The zenith of this expanded state of consciousness was termed "cosmic consciousness", by Dr. Richard Maurice Bucke in his 1901 landmark book, Cosmic Consciousness - A Study in the Evolution of the Human Mind. In speaking of Bucke's book, author Robert May wrote in his 1991 book Cosmic Consciousness Revisited:

"Psychology and its sister, psychiatry, have hardly begun to assimilate the archetypal psychology of Carl Gustav Jung, let alone the spiritual psychology of Richard Maurice Bucke. Bucke's psychology is a whole domain of consciousness deeper than Jung's..., and leaves Freud far behind... Dr. Bucke was a century ahead of his time."

I believe GK's concept of Kundalini is the next step beyond Bucke's thought as it relates to Cosmic Consciousness. It is supremely important because it identifies the biological mechanism and Intelligent Force behind this further advancement of our consciousness and the further evolution of the human brain. This in turn leaves the concept of Kundalini as the evolutionary force and mechanism in humankind open to being proven by science, as well as the preordained goal of cosmic consciousness, by individuals in the laboratory of their own experiences. GK said of cosmic consciousness - "This is the sublime consciousness that shall be added to reason (Intellect) to make human beings cognizant of their divine heritage." He also wrote, "The real aim of Yoga and religion/spirituality is to open the door to the unused potential of the human brain. Finally GK said, "religious/spiritual experience and the disciplines advocated for it, signify the operation of a budding faculty in the human brain over and above the intellect, designed by nature to extend the experiential area of human perception to include, what is beyond our knowledge at present, the province of the mind and soul."

2) GK - "The position that I am taking up is that that the human mind, as we know it at present, is not a constant unalterable entity. It can change and with it the whole picture of the universe, which we perceive with our 5 physical senses. This is a bold statement to make, and is not likely to be accepted for the simple reason that it undermines the very foundation on which science is built, namely, the reality of the empirical observation conducted by the mind. The issue boils down to this: if it is admitted that the human mind is variable and that this variation can affect the very image of the universe, and all the phenomena observed, it would clearly imply that the cosmos is not, in reality,

as we perceive, assess, and measure it with our intelligence, but only a creation of our mind liable to change in other dimensions of the perceptive faculty. From this it would follow that the temporal knowledge gathered by us is relative also and that what is accumulated in one dimension of consciousness can prove incomplete, deceptive or erroneous in the other.” SAH - As one example, quantum physics has proven to be useful in the development of the TV, integrated circuits, atomic energy, lasers, digital imaging, to name a few benefits. The usefulness of quantum physics and physical science may be subsumed by the illuminated or cosmic conscious mind, but these sciences still remain important at the level of the intellectual mind (not sure how to say that Matt but hopefully you get the point, whether correct or not).

3) GK wrote in another place - “... with the first successful exploratory survey of the brain, a revolution will occur in certain vital areas of human knowledge that would put into shade the giant revolutions caused by the modern cosmogonical concepts of science. The first harvest of this revolution will be the discovery for us of the intangible Cosmic Element [Intelligent Life Energy] behind the phenomena of life. It would prove to be a hundred times more difficult task to give a name and form to this ineffable Source than what science is facing at the moment in giving a precise definition and form to matter at the finer levels at which it is being studied now. In fact, the indeterminacy and nebulosity which science is encountering betokens the last limit to which the human sensory equipment and intellect can guide it. Beyond that another faculty must come into operation to show the position of the same world, when viewed from another level of consciousness. It is only the study of the cosmic panorama, done through this new channel of perception [universe of knowing], that can correct the errors made in the survey done before. [SAH add-on - With this new faculty of the mind and new perception, the multiplicity of the intellectual mind dissolves and unity is now present in Consciousness, and the material world appears more like an image on this Consciousness.]

4) SAH - SOME BRIEF THOUGHTS - When I got introduced to WR, I intuitively knew he had the new science related to this next faculty of the mind beyond the intellect (illumination or cosmic consciousness). He had the science for the realm of reality we see beyond our physical senses. This new channel of the mind is either developed through 1) inherent desire and then right thinking and action according to WR, or 2) an evolutionary process (Kundalini), advanced by Gopi Krishna, involving the further evolution of the human brain and our needed conformity with spiritual/evolutionary laws to remain in harmony with the requirements of the inner evolutionary process going on

within ourselves. My experiences aligned with both WR's and GK's concepts including, as a result of changes in my own consciousness, perceiving this as a mind, motion, and tonal universe, and not a substance, energy and matter universe.

## **II. WR/GK - Similarities - 14**

- 1) Both WR and GK grew up poor and were limited in formal education. Both experienced the genius and cosmic conscious minds.**
  
- 2) WR grew up in the US (Massachusetts) and was western influenced. He didn't go to school after age 10. His family was poor. He was gifted from birth with genius. As far as I know, he didn't talk about a biological evolutionary process related to changes in the brain and mind. WR had periodic experiences of the cosmic conscious mind throughout his life beginning at age seven, and then every 7 years thereafter, and one profound experience of cosmic consciousness at age 49. In this staggering experience, his consciousness was separated from his body and his physical senses for 39 days, and he was pure Consciousness. During these 39 days, he said he was given much new knowledge from direct communication with a source of knowledge that he called God. This led to his writing many books from the knowledge gained including The Message of the Divine Illiad Volumes I and II, which he called God's one message of love, The Secret of Light, A New Concept of the Universe, and he co-authored Atomic Suicide with this wife Lao Russell. These experiences in cosmic consciousness, and the books he wrote from these experiences, were the foundation for the creation of USP. He said that the new knowledge given to him while in the Light, while revolutionary and extensive, was only a thimble full of an ocean of knowledge which awaits the human race.**
  
- 3) GK was born and lived in India and was eastern influenced; like WR, his family was poor, having no electricity or running water in the house. GR had a mediocre education and failed his college entrance exam. At age 17 he started meditating 3-4 hours a day for 17 years. Then he had a Kundalini awakening at age 34. It took him 12 years to stabilize himself after his awakening, this stabilization occurred at age 46. He was in a stable level of higher consciousness/cosmic consciousness for over 35 years. He intuitively wrote 18-20 books, all but one during the 1967 to 1984 time period. Like how**



reading WR's books were like eating candy for you Matt, reading GK's books were like eating candy for me!

- 4) WR, like GK, believed that the human race has the potential to develop a new channel of perception, or faculty of mind, called cosmic consciousness. In this state of mind, new knowledge is accessed directly from a Higher Source of knowledge. GK believed this was the next step in the evolution of humankind's consciousness. WR also believed the cosmic conscious mind was achievable by humanity and knowledge in this state of mind was gained from what he referred to as the "universe of knowing" compared to the universe of our five physical senses and intellect. Russell said, "This new civilization must... live in the universe of knowing and know that from the Source, and believe it and make use of it. The purpose is for the saving of the whole human race." Both WR and GK believed civilization was heading for a fall because of its non-conformity with the requirements of the Law of Love (WR), Law of Evolution (GK).
- 5) Both believed genius and the cosmic conscious mind were possible for individuals. WR - It is inherent in our desire. If we desire it, we can achieve it. It is tied to the intensity of our desire. WR also said, "Mediocrity is self-inflicted, genius is self-bestowed". GK (1) said biological evolutionary process tied to heredity and the organic evolution of the brain (involving an opening of a new center in the brain - not just the pineal gland, and fed by a more powerful Pranic Force produced by the Kundalini process), would lead to the cosmic conscious mind. It also requires our adherence to spiritual laws and living life in a healthy environment, with balance and right thinking and acting. (GK)(2) On p. 84 of The Riddle of Consciousness, he said, "The mystic state with its unlimited joy... is not a special gift, nor special Grace, But an Estate designed for all the race. And all those who possessed this matchless gift, Nature did not for special favor sift, but by their inheritance and healthy mode of life were able to climb up the road, aligned for every soul to ascend before it to immortal heights of Bliss can soar."
- 6) WR - One day everyone on earth will achieve CC and this play of life on earth will end. GK - The earth is to become an abode of a graceful, highly intelligent cosmic conscious race, wafted to another dimension of mind, as the result of organic changes in the brain.
- 7) Both believed Love, as well as Intelligence, was behind the universe, and that this Loving Intelligence was omnipresent, omnipotent, and omniscient. WR

said, **“The entirety of all the universe is a continuing expression of the Love principle, which God is. It is a ceaseless, endless continuity of giving and re-giving. Man’s life is given over to the purpose of learning how to give and re-give equally. That is man’s problem. That is civilization’s problem. Man’s entire present life, and thousands of lives before the present one, is spent in learning that one lesson.”** GK - through yoga, meditation, and other spiritual practices, the goal was to develop God-like qualities and learn to love, meditate, purify, and be absorbed in a vision of God - Love, beauty, mercy, compassion, radiance, sublimity, and light.

8) WR - “At all times, live your noblest, that is the way of harmony with the universe”. GK - “Our slowly changing brain demands a simpler, nobler, purer life, and not a hectic one which lands us into a beast of burden strife.”

9) Both believed that this is a universe of mind rather than a material universe.

10) **LAWS - WR - Natural Law, Law of Love; GK - Law of Evolution, Spiritual/Mental Laws. Historical confirmation of the Law of Rise and Fall of Civilizations - excess leisure and materiality, deficient moral development, act like toxins on the brain and lead to degeneration in individuals and civilization.**

11) **Both during their times believed the human race was in dire straits and needed to access this higher channel of perception - universe of knowing (WR 1963 died), Universe of Consciousness or Universal Mind and new faculty of mind - cosmic consciousness (GK 1984 died), to save it. This leads to a direct connection to the Intelligence behind the universe or God. I believe the human race is in even more dire straits today.**

12) **I consider Walter Russell and Gopi Krishna to be kindred souls, having both experienced and lived in the state of cosmic consciousness. Both took a scientific approach. Both wanted science to prove their theories. Both brought important new knowledge to the human race at critical times in history. I believe their ideas and work MAY be complementary and comprise a synergistic groundbreaking vision of the future of humanity and the linking together of science and religion and a unified religion. I believe GR has identified the driver of human evolution (Law of Evolution) and the BIOLOGICAL evolution of the human brain to a higher state of consciousness and a new**

channel of perception/faculty of the mind. We are advancing from instinct or the animal mind, to the intellectual mind or reason, and now to the illuminated or cosmic conscious mind - I call it the 3 I's. WR advanced the idea of a Natural Science or Law of Love, underlying this new mind or universe of knowing, and his inclusion of a creator in his schema is of paramount importance. Their work still remains largely unknown today - a critical loss for humanity at a time when such new knowledge is desperately needed.

13) WR and GK both experienced the frustration of trying to get the scientific community to acknowledge, examine, and embrace their concepts and work. Each at one time had articles/editorials published in the New York Times (I believe this to be true) and both did a significant outreach mailing to the scientific and scholarly communities - Walter Russell in 1926 with his book The Universal One and Gopi Krishna in 1970 with his book The Biological Basis of Religion and Genius. Both saw the need for the unification of science and religion and the need for one religion based on love.

14) WR - Divine Iliad - Go forth and end this babel of tongues of many religions and bring to me the one religion of love he has been seeking and never yet has been found. GK - The founders of religion all had illumination or cosmic consciousness experiences and brought new knowledge to the race at a critical time. He said Kundalini theory will prove that higher consciousness is the goal of humankind, thus bringing all the faiths together again because it will show that all the prophets had the same power awake in them.

### III. WR/GK Dissimilarities/Differences??? - 8

1) Maybe the biggest difference and this is why the work of these two extraordinary individuals may be complementary and synergistic? GK described the biological evolutionary process behind the evolution of the human brain and humanity's ascent to higher states of consciousness. The zenith of this next step in human evolution being the cosmic conscious mind. He described the individual Prana as a subtle Force in the body with a biological base, and, as a result, he believed its existence could one day be verified. The individual Prana is the vehicle through which the intangible

Cosmic Prana operates in the body and controls the body's activities. The reason it hasn't been proven to date is due to its extremely subtle nature, which our instruments have not yet been able to detect. However with technology advancing so rapidly, it is hoped that it will soon be measurable. WR - described this energy as coming from the creator, that it was electric in nature at the level of our 5 physical senses. I'm not clear on how GK's position is different from WR's. I believe WR has the science for higher consciousness and the developing faculty of mind beyond the human intellect ie, illumination or cosmic consciousness. Furthermore WR believed that acceptance and implementation of this Natural Science would one day lead to the transmutation of elements and creation of new metals. He believed this would eventually lead to the ability to produce unlimited amounts of free hydrogen as a green energy source and would also result in solar radiation being turned into solar energy generation in unlimited amounts as another green energy source. This could lead to the eventual elimination of fossil fuel use, result in less pollution and radiation on the earth, and help solve humankind's clean energy problems. It would also assist with the development of new metals which will help reduce the risk of humankind depleting the natural resources of the earth.

- 2) WR - POTENTIAL DIFFERENCE MATT? I think WR did not talk about (or believe in) other levels of creations, dimensions of mind, and universes? GK said humans will be brought in touch with another level of creation, other intelligences and states of being pervading the universe, a universe now completely shut out from our sight because of the limited capacity of our brains. He also wrote in his book The Wonder of the Brain, "The creation around us does not consist of mind and matter alone, or only as one of them as the materialists or their opponents, the idealists, contend, but layer after layer, element after element, plane after plane of, for us, inconceivable energies and forces, stuffs and substances, that are as dissimilar to the materials and forces among which we live as sky is from the earth, ether from a rock, or light from gloom." In the end Matt, I don't think this is a big difference and I can explain why when we talk.
- 3) GK believed that the creative urge in human beings was more than a sex urge and that there was an all encompassing evolutionary impulse or urge in humankind (and Law of Evolution) and that the Pranic force in human beings, and the changes in it brought about by an awakened Kundalini, were responsible for many different manifestations of mind including, but not limited to, greater talent and creativity, psychic experiences, genius, cosmic

consciousness, and also in its morbid form, certain mental illnesses and other nervous disorders. He also said on a collective basis, ignorance of the Law of Evolution or this Almighty Law of Nature, and its requirements, would be catastrophic for the human race. He said that distorted evolution, or a malfunctioning evolutionary mechanism, was the root cause of the tremendous problems that was facing humanity in the early 1980s and that would also face humanity in the future. I think GK's prediction is borne out today by the current unsettled state and problems facing the human race.

- 4) GK - Research on Kundalini - GK believed that experiments on the brain would demonstrate that the religious or spiritual impulse in human beings is an offshoot of the evolutionary impulse planted deep in the human body, and stems from the workings of the evolutionary mechanism of Kundalini and its' preordained evolution to a higher state of mind. He believed one day it will be realized that the goals and ideals of all healthy forms of religion and spiritual practices actually serve an evolutionary function, and are structured in the human brain. They are some of the guideposts humanity needs to follow to allow the evolutionary processes within to function in a healthy fashion. He believed that if we violate these spiritual laws, it results in negative biological consequences in the body and mind, which will one day be measurable (ie. We pay the price in creating toxins that lead to distorted thinking and behavior, as well as mental illness and other negative illnesses in the body).
- 5) GK further said, "If the religious impulse and religious experience are the offshoots of an evolutionary impulse, then it is obvious that both must have a biological basis in the human organism that should be empirically demonstrable (GK also said there was a genetic basis to the religious/spiritual impulse). In that case, nothing need be taken on trust. The sphere of faith need not then be treated as forbidden ground for the probe of reason. Scientific investigation of the phenomenon ought to be welcomed in order to unfold the secrets of the marvelous transformation that elevated Christ, Buddha, Mohammed, Nanak, and other great prophets to a stature towering over that of emperors and kings. Then the whole literature of mankind, including the various gospels related to religion, magic, Yoga, and the occult, must be reexamined in the light of this knowledge to discover more about the basic principle underlying them all."
- 6) GK also believed that the concept of Kundalini and humanity's preordained continuing biological evolution to higher states of consciousness would

**eventually lead to the unification of the human race. He said Kundalini is a world unifying concept because if it is accepted that we all are destined for a higher state of consciousness through the workings of Kundalini and the continued evolution of our brain, then we are all moving toward a common goal and purpose in life. He wrote, “Earth-wide dissemination of knowledge of the Glory dwelling in every human being is the only way to bring about the unification of all humankind. It will make known the common Goal prescribed by nature for the life of man. The solemn task in front of us is to provide empirical evidence for the basic reality of Illumination [ie, cosmic consciousness].”**

- 7) He further said in a speech, “Then how can you bring peace into a tormented and fragmented world? Fragmented thinking, fragmented social orders, fragmented political systems and fragmented faith. It is only a new gesture from Heaven and a new discovery that can cover all the fields - politics, science, society, religion, faith, scientific discoveries, technology, and everything that can bring order in this chaos and open up a new horizon for mankind. Kundalini provides the only alternative. It establishes that there is a divine mechanism in the human body, which can be verified: that the brain is already designed by Nature for a certain performance and that all our political and social systems will have to conform to it.”**
  
- 8) Finally he said, “This very fact, that the brain of man needs this type of a social or a political order, will eliminate the differences in the political ideologies of the earth. How can you have a different political system when science shows that the human brain needs this kind of an order or a system? Similarly, it can prove that higher consciousness is the goal of man, thus bringing all the faiths together because it will show that all the prophets had the same power awake in them.”**

#### **IV. SAH - Differences from GK and WR and also more about how biology of Kundalini process may be subject to being proven in the future - 9**

- 1) My background and path to a spiritual/Kundalini awakening and a transformed consciousness was very different from WR and GK. Also I’m not implying that I am anywhere near the consciousness level of WR and GK.**

2) I was highly educated, grew up in the Catholic religion initially, then since age 22, focused on self help practices and an ongoing smorgasbord of intellectual, personal, and spiritual development practices. My main spiritual practice currently is the Alanon 12-step program, where equality is the basis of the program. I've been in the Alanon program for over 25 years. It is a recovery and expansion program and living philosophy. It taught me how to live life and surrender to God. I see Alanon, or some combination of it and other 12-step programs, one day evolving into a worldwide program for ethical development, how to live life, and developing deeper layers of love in ourselves. I also see it as helping people develop higher consciousness and safe Kundalini awakenings, as well as providing spiritual guidance for the ongoing Kundalini process. The 12-steps taught me that I could define a Higher Power or God in a way that spoke to me, but emphasized the need for it to be something greater than myself. If I wasn't comfortable with the concept of God, I could define it as the wisdom of the group, nature, or love, for example. I loved this aspect of the Alanon 12-step program. There is no hierarchy in the program and God is not mediated through a third person (priest, rabbi, minister, etc). We are all equal in the eyes of the program. In a sense we become our own priest or rabbi as well as scientist in the laboratory of our own experiences. As my work in the 12-step programs of recovery deepened, my relationship with my Higher Power grew. I found that my concept of God changed from a somewhat distant, rule-making, and impersonal being to a much more loving, intimate, and personal Presence. This new God guides me, wants the best for me, and can help me get through any difficult situation or achieve any goal or vision. God was no longer above me and at a distance, but was beside me and inside of me. All I had to do was ask for help and I received it. The help God provided wasn't always what I wanted or what I thought I needed, but I gradually found out over time it was what was best for me. My story is a rise, fall and rise from the ashes story. I had no guru's but many teachers/mentors. Kundalini awakening led to a long ongoing biological and psychological process leading to a profound transformation of my consciousness.

3) When asked how humanity and scientists would be able to prove Kundalini and the evolutionary dynamics of the brain, GK had a simple answer: By experiments on the brain, and this was because Kundalini was a biological process in the human body and experiments on the brain would prove this. He said human beings are hard-wired for enlightenment or the cosmic conscious mind. GK said that what did not exist before in the human race, is the possibility of its total destruction with the sophisticated weapons of

our day. If humankind has to survive, not only political and national dissension must cease, but also religious discord. The only way in his opinion for this to come about was for science to locate the factors responsible for Cosmic Consciousness. He said mystical vision, enlightenment, and prophethood are the natural endowments of a more evolved human brain, brought in tune with the spiritual realities of the universe. He believed dogmatic barriers to the acceptance of this position will gradually cease when the organic factors for this transformation are clearly demonstrated by the objective methods of science.

- 4) I am hopeful that science will in the near future develop new technology that may be able to prove the physiology going on in the brain, body and nervous system during a full Kundalini awakening. This would include changes in various biological systems in the body including an acceleration of the digestive, elimination, respiratory, and metabolic processes. Also such new technology may be able to detect the reversal of the action of the reproductive system to function also as an evolutionary mechanism. This process facilitates the ongoing evolution of the brain and development of a higher mind. Finally I am also hopeful that the biological basis of the subtle, more powerful Individual Prana force now flowing in the body due to the Kundalini awakening may also soon be subject to proof.
- 5) Our work with Kundalini involves trying to help foster greater awareness of the Kundalini theory, as well as increased scientific research focused on proving the reality of Kundalini and the cosmic conscious mind. If successful in proving the biological basis and reality of the cosmic conscious mind, this may lead to accepting that WR and GK experienced cosmic consciousness and their concepts and teachings flowed out of this more evolved mind, like the founders of religion and prophets of old. This in turn could be one important primer in fostering greater awareness and acceptance of both of their work and lead to a massive increase in research to prove the reality of their concepts. As it relates to WR, Charles Hardy wrote the following on page 23 in his WR biography entitled A Worthy Messenger, “If the illumination [cosmic consciousness] of Walter Russell is taken as fact, perhaps not fully understood but accepted as a natural phenomenon, then Walter Russell’s message source is clear. He came to know the two-way radiative-generative universe; he “saw” the motion of heavenly bodies, he witnessed gyroscopic waves winding into spheres and colors and musical tones approaching and voiding each other in the process of creation. He is the man who tapped the secrets of the universe.”



**Other SAH Thoughts Related to Kundalini and Higher States of Consciousness/Cosmic Consciousness:**

- 6) SAH - In my own case, the ongoing Kundalini awakening process has been more important than my initial awakening. The progression of the Kundalini process to higher states of consciousness and cosmic consciousness over time is demonstrated in my 48 poetic verses written over an 18 year time period - 1991- 2009. My most profound awakening occurred in 1997, and the ongoing process has remained strong since then and has led to a gradual continuing deepening of my consciousness. My Inner Voice/God taught me how to keep the ongoing process healthy and helped me to realize it can lead to perennial ecstasy and some degree of permanent cosmic consciousness.
  
- 7) **SAH - Regular Psychological Progression in My Kundalini Process** from initial Anxiety to Early Hints of a new consciousness to more profound Psychic/Paranormal experiences and finally to a continuing deepening of a higher state of consciousness, where Consciousness as the reality behind the universe eventually becomes evident. This seemed to flow in parallel with regular physiological process occurring in my body as described next.
  
- 8) **SAH - Regular Physiological Progression in My Kundalini Process - GK** talked about how Kundalini is a physiological phenomenon in the body with a regular rhythm and process. It is the creative power that is responsible for both pregnancy and spiritual transformation. As compared to the physiological process of pregnancy, the biological process of spiritual transformation is more subtle, and therefore more difficult to measure and observe. The physiological processes are more easily detectable when a person is undergoing a full-blown Kundalini awakening, which is rare. In this case we give birth to a spiritual man or woman with a new consciousness instead of a new human baby. I believe this new state of consciousness represents the evolutionary potential available to us all.
  
- 9) **What SAH Experiences in his Consciousness Today - Question - Does this reflect the Two-way Universe of Expansion and Contraction of WR?** - Now when I look out upon the world, it appears more transparent, soft, alluring & embracing. The universe seems to be a projection of my own consciousness and not a separate universe apart from me. It has lost its dimension, substance & separateness. The seer and the seen have become one. I relate

**this to watching a movie in the theater. You see moving images on the screen that seem to have dimension, separateness, substance, and sound, but are really only the result of a projection of light through film images onto a screen accompanied by sound. In my case, it's as if I now see my Self as both my mind, which is projecting out a picture of the universe onto the screen of space, through the vehicle of my brain, and also simultaneously, as a physical being or actor in the play of life. The difference is that now I see my real Self as my mind, which is a drop of this radiant, light, joyous consciousness, which has a permanent existence, as opposed to thinking I'm a frail, mortal body which will live and die. With my 5 physical senses and intellect, I only knew that I would die one day.**

#### **V. Questions for Matt or Miscellaneous Comments - 7:**

- 1) In his NDE, with some of the colors and other things he was seeing, did he feel he was seeing a greater portion of the electromagnetic spectrum or something else? I'd like to see his writings, if possible, where he was told by God what he needed to do in his mission.**
  
- 2) Your NDE has similar aspects to a Kundalini awakening. Might be interesting to discuss?**
  
- 3) Also your deep surrender and asking God for what he wanted you to do during your trouble period reminded me of Bill W's, co-founder of the AA 12-step program, and his surrender and spiritual awakening experience. From my book I wrote the following related to Bill W's experiences: "The cancer of alcohol had already killed his mind, his will, his spirit, and it was only a matter of time before it would kill his body. Yet at this moment, with the last vestige of pride, the last trace of obstinacy crushed out of him, still he wanted to live...He would do anything, anything, to be allowed to go on living. 'Oh God,' he cried, and it was the sound not of a man, but of a trapped and crippled animal. 'If there is a God, show me. Show me. Give me some sign.' As he formed the words, in that very instant he was aware first of a light, a great white light that filled the room, then he suddenly seemed caught up in a kind of joy, an ecstasy such as he would never find words to describe. It was as though he were standing high on a mountaintop and a strong clear wind blew against him, around him, through him but it seemed a wind not of air, but of spirit - and as this**

**happened, he had the feeling that he was stepping into another world, a new world of consciousness, and everywhere now there was a wondrous feeling of Presence which all his life he had been seeking. Nowhere had he ever felt so complete, so satisfied, so embraced.”**

- 4) Matt, how are you going to prove God in a laboratory?**
- 5) Laughed my butt off on the following: talking about myself first - when I left the financial/investment world - I developed a business counseling and consulting firm and called it Solquest. When I called on business customers, I explained it as quest for Sol, the quest for business solutions. But I knew it really meant from the beginning all of the following - Sol - the quest for the Divine or Light within myself; Soul - the quest for my individual Soul, or Sole - the Divine was my Sole quest. At this time period in 1997, I kept drawing this Solquest picture, which was concentric circles with a light blue color on the outside. As you moved toward the center of the picture, the blue color became lighter and lighter and gradually became a white light, which of course meant God or the Intelligence behind the universe. The concentric circles meant to me that there were different layers of consciousness in our mind and the movement to the center was my spiritual quest for God. Then Matt, when you described your music band - SOL - “Shit out of luck” - I knew we were kindred spirits. LOL**
- 6) I agree with that we have to work on changing ourselves first and not projecting our stuff on other people. I call this work “Inner or Love activism”.**
- 7) I also agree with the concept that I don’t have to believe in God, I can come to know God.**

**VI. Brainstorm on God 2.0 (Matt not saying any of this is correct - just putting material out there for possible brainstorming.)**

**Matt (WR) - 7**

- 1) God of Love, not Fear.**
- 2) God is Love.**

- 3) God is still white magnetic Light, unconditioned, unchanging, undivided (Light, Life, Energy, Balance, Law, Knowledge, Power).
- 4) God balances from within (our souls), controls 2 lights from without.
- 5) We humans and all of creation are an extension of God.
- 6) Must learn to adhere to Law of Nature/Law of Love - Rhythmic Balanced Interchange.
- 7) WR has New Science for this next faculty of Mind - illumination/cosmic consciousness. His science puts the Creator back into his Creation.

### Scott (GK) - 8

- 1) God is the Eternal Existence and Intelligence behind the phenomenal universe, the Source of our Being.
- 2) I use many terms including Higher Intelligence, Divine Intelligence, Love, Higher Power, Inner Intelligence, Intelligent Life Energy/Force...to represent God or some form of the power of God working in this creation and in ourselves.
- 3) Law of Evolution. Humankind predetermined to rise to higher states of Mind and cosmic consciousness - this is the next step in humankind's evolution.
- 4) We may only comprehend God to the level of our Mind and capacity of our brain. As our mind and brain evolve to higher states of Consciousness, we can understand God a little more, but we still only understand a minute fraction of God.
- 5) Kundalini is the mechanism behind the further evolution of our brains.
- 6) Higher states of Mind will give us access to areas of creation beyond our human intellect and 5 physical senses and bring us to a glorious future. It can result in an expanded awareness and magnificent state of being graced with new talents, greater creativity and perception of truth, intuition, inspiration, psychic gifts, genius, cosmic consciousness, loss of fear of death, certainty of eternal life, greater longevity, better health, stronger intellect, more vitality, peace, joy, beauty, harmony, love, higher moral elevation, new spiritual and intellectual knowledge, stronger connection to people and all of life. The gifts of this next state of mind will greatly exceed the current prized treasures of human life. WARNING - Kundalini in its unhealthy form may to certain classes of mental illness and other mind and behavioral problems. We must follow Law of Evolution (GK), Law of Love (WR), and spiritual laws. Mind has an independent existence and exists in

**a law bound universe of its own. If we violate these Laws, we suffer negative consequences.**

- 7) The most important purpose of Cosmic Consciousness is to bring new knowledge to guide the human race. This is what the founders of religions and mystics, as well as WR and GK, have brought to humankind.**
- 8) Power of God is the divine splendor inside of us. Important to develop a deeper connection to God/Inner Voice, so God can guide us on the path. I call God a GPS system - “God Pointing System”.**